BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY (BSOG)

CHRONIC ILLNESS TO ETERNAL WELLNESS

Gnanavarsha 2026

ANNUAL CONFERENCE OF BSOG

Gnanavarsha

The Shower of Knowledge

Knowledge enlightens, empowers and builds a healthier tomorrow.

12th & 13th December 2026

Hotel Capitol
Rajbhavan Road,

KMC Points Awaited

ICOG Points Awaited

HIGHLIGHTS

WORKSHOPS

Infertility,
Endoscopy,
Vaginal Surgery

- ORATIONS
- PANEL DISCUSSIONS
- CULTURAL BONANZA

FREE PAPER AND POSTER PRESENTATION

for Post graduates and Young Consultants (BSOG members only)



Dr Mahesh Koregol
President, BSOG



Dr Vijaykumar CR
Hon. Secretary, BSOG



Dr Nirmala BM
Hon. Treasurer; BSOG

TEAM BSOG 2026-27

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HON. TREASURER	Dr Nirmala BM
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Dr Shobha N Gudi

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Dr Shanthala S

Dr Rashmi Patil

Dr Soumya Mahesh Koregol

Poster Presentation

Dr Anuradha G

Dr Ramya Shankar

Dr Nagamani SD

Dr Vishnupriya KMN

Inauguration & Valedictory

Dr Anuradha G

Dr Shanthala S

Dr Renukadevi

Trade

Dr Mahesh Koregol

Dr Vijaykumar CR

Dr Nirmala BM

Dr Manjunath CS

Workshop Committee

Infertility

Dr Mahesh Koregol

Dr Priyanka Dilip Kumar

Dr Maheshwari M

Endoscopy

Dr B Ramesh

Dr Manjunath CS

Dr Rohini MP

Dr Sunil Eshwar

Vaginal Surgeries

Dr Susheela Rani BS

Dr Vijaykumar CR

Dr Indira C Reddy

Dr Uma Devi K

Registration

Dr Nagarathnamma R

Dr Mangala Devi KR

Dr Roopesh N

Audio Visual

Dr Venkatesh N

Dr Padmini Prasad

Dr Govind Dayalu

Cultural

Dr Jyothika Desai

Dr Chandrika Muralidhar

Dr Rashmi Patil

Dr Sunitha D

BANGALORE SOCIETY OF OBSTETRICS & GYNAECOLOGY

CHRONIC ILLNESS TO ETERNAL WELLNESS

GNANAVARSHA 2026

CALL FOR ABSTRACTS

12th & 13th December 2026

Hotel Capitol, Rajbhavan Road, Bengaluru

LAST DATE FOR THE ABSTRACT SUBMISSION IS

EXTENDED TO 26th NOVEMBER 2026

PRESENTATION CATEGORIES

ORAL PRESENTATION
POSTER PRESENTATION

ABSTRACT THEMES

INFERTILITY
HIGH-RISK OBSTETRICS
MISCELLANEOUS

MANDATORY: BSOG MEMBERSHIP AND CONFERENCE REGISTRATION

Conference registration and abstract submission: Please use the official links shared by BSOG.

BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY (BSOG)

CHRONIC ILLNESS TO ETERNAL WELLNESS

Infertility Workshop

Theme : "Current Practices, Trends and Advances in Infertility"

12th Dec 2026 | 8.15 – 1.15 pm | Hotel Capitol, Rajbhavan Road, Bengaluru

Scientific Programme

Session 1 : "Ovulation induction and IUI"

Time (12 mins + 3 mins for discussion)	Topic
8.15 – 8.30 am	Challenges of ovulation induction in PMOS patients
8.30 – 8:45 am	Monitoring of IUI cycles – Ultrasound and Hormonal
8.45 – 9.00 am	Factors affecting IUI success and ways to overcome
9.00 – 9.15 am	Interpretation of semen analysis- Simplified for Gynaecologists

Session 2 : "Practical aspects of IVF practice in today's clinical scene"

Time (12 mins + 3 mins for discussion)	Topic
9.15 – 9.30 am	Workup of couple before IVF
9.30 – 9.45 am	Individualised ovarian stimulation protocols – Simplified
9.45 – 10 am	Prevention and management of OHSS
10 – 10.15 am	Setting up Level 1 and Level 2 ART lab – What Gynaecologists should know
10.15 – 10.30 am	Trouble shooting in Oocyte Retrieval and Embryo Transfer



Hands-on Oocyte Retrieval and Embryo Transfer on Simulator

Tea Break : 10.30 – 10.45 am

Session 3 : "Advances in ART"

Time (12 mins + 3 mins for discussion)	Topic
10.45 – 11 am	AMH and ovarian reserve – beyond the numbers
11 – 11.15 am	Advances in male fertility – sperm DFI, Microfluidics, PICSI and beyond.
11.15 – 11.30 am	Artificial Intelligence in Reproductive Medicine.
11.30 – 11.45 am	Pre-Implantation Genetic Testing – PGT-A, PGT-M and PCT-SR: current evidence and future directions.
11.45 – 12 noon	Recurrent implantation failure (RIF): Updates in diagnostic and therapeutic approach.



Session 4 : "Panel Discussion" (12.00 – 12:45 pm)

"Difficult cases in IUI and IVF: confusion to clarity"

Session 5 : "Uterine factors" (12.45 – 1.15 pm)

Time	Topic
12.45 – 1.15 pm	• Thin Endometrium: evidence-based management and emerging therapies • Chronic Endometritis – an underdiagnosed contributor to implantation failure

Lunch : 1.15 – 2.00 pm

BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY (BSOG)

Gnanavarsha 2026

ANNUAL CONFERENCE OF BSOG

CHRONIC ILLNESS TO ETERNAL WELLNESS

Endoscopy Workshop

12th December 2026 | 8.15 am to 1.15 pm | Hotel Capitol, Rajbhavan Road, Bengaluru

PROGRAM SCHEDULE

Time	Speaker	Topic
SESSION 1	*When the going gets tough*	**8:15 am – 9.30 am**
8.15 – 8.35 am		The Difficult Pelvis: Mastering Advanced Gynaecological Laparoscopy
8:40 – 9.00 am		Extending the limits of Minimally Invasive Surgery: Robotic Solutions for Complex Gynecological conditions
9.05 – 9.25 am		Endometrial cancer - Classification, staging and sentinel node mapping
9.30 - 9.50 am		Managing difficult anatomy in hysterectomy
SESSION 2	*Deep spaces Delicate moves*	**9.30 am – 11.00 am**
9.55 – 10.15 am		Energy Sources in Laparoscopy: Cutting, Coagulating and avoiding collateral damage
10.20 – 10.40 am		Electrosurgery in Hysteroscopy
10.45 – 11.05 am		Microwave Ablation for Adenomyosis
SESSION 3		**11.00 am – 12.00 noon**
11.10 – 12.00 noon		Panel Discussion on “All about Ectopic pregnancy”
SESSION 4		**12.00 noon – 1.15 pm**
12.05 – 12.25 pm		Advantages of robotics in complicated surgeries
12.30 – 12.50 pm		Newer Developments in Endometriotic surgery
12.55 – 1.15 pm		TLH made easy



Register Now !

GNANAVARSHA

CO-HOSTED BY SOVSI, KARNATAKA

Pre-conference Workshop on Vaginal Surgery

Video-Based Learning & Step-by-Step Surgical Breakdown

12th December 2026 | 8.15 am to 1.15 pm | Hotel Capitol

PROGRAM SCHEDULE

SESSION 1 | KEY PRESENTATIONS — 8:15 am – 9.30 am

Vaginal Hysterectomy for Non-Prolapse & Complex Uteri

"Beyond Prolapse: Mastering the Non-Descent Vaginal Hysterectomy (NDVH)"

8.15 am – 8.30 am	Selection of cases for Non-Descent Vaginal Hysterectomy (NDVH) — Patient evaluation, mobility, grading
8.30 am – 8.45 am	Basic surgical technique, safe anterior/posterior pouch entry, and securing uterine pedicles in restricted spaces
8.45 am – 9.00 am	Volume reduction techniques (morcellation, bisection, myomectomy)
9.00 am – 9.15 am	Adnexectomy at NDVH
9.15 am – 9.30 am	Discussion

SESSION 2 — 9.30 am – 11.00 am

"Restoring Support & Structural Integrity"

Chairpersons:

9.30 am – 9.45 am	Anterior Colporraphy: Handling the paravaginal repair
9.45 am – 10.00 am	Posterior Colporraphy: The Right technique to avoid recurrence
10.00 am – 10.15 am	Mc call's Culdoplasty: How to prevent recurrent prolapse
10.15 am – 10.30 am	Sacrospinous ligament fixation (SSLF), Uterosacral suspension (USLS)
10.30 am – 10.45 am	Discussion
10.45 am – 11.00 am	Tea Break and Networking

SESSION 3 | PANEL DISCUSSION — 11.00 am – 12.00 noon

Managing Difficulties During Surgery and Post-Op Care

Moderators: | Panelists:

- **Bladder Injury:** Intraoperative identification methods, multi-layer tension-free repair, underwater leak testing & post-op catheter/follow-up protocols.
- **Rectal Injury:** Early recognition during posterior colporrhaphy, 2-layer rectal wall repair, integrity testing & bowel management.
- **Post-Op Complications:** Managing vault hematomas, secondary hemorrhage, cuff cellulitis, and voiding dysfunction after vaginal hysterectomy.

SESSION 4 | PRACTICAL WORKSHOP — 12.00 noon – 1.15 pm

Hands on training of NDVH on models

Hands-on surgical model training	Guided pelvic model surgical skill training

Register Now !

SCIENTIFIC PROGRAMME SCHEDULE
12th DECEMBER - DAY 1
Grand Ballroom Hall

Time	Sessions	Speaker/Moderator/ Experts	Chairpersons/ Panelists
8.15 – 1.15pm	Workshop 1 "Current Practices, Trends and Advances in Infertility"	Convenors Dr Mahesh Koregol Dr Nirmala B M Dr Priyanka Dilip Kumar Dr Maheshwari M	
10.30 – 10.45am	Tea Break		
10.45 – 1.15pm	Workshop 1 Continued		
1.15-2.00pm	Lunch		
2.00-2.45pm	Plenary Session *"Dr P R Desai Oration"* ––	Dr Sheela V Mane	Dr Kamini A Rao Dr.Jyothika Desai Dr.Mahesh Koregol
2.45 – 3.30pm	Plenary Session "I*nauguration"*		
3.30 -4.30pm 4 x 12 + 12 mins	Symposium on Adolescent PMOS- *walking on the Razor's Edge*		
	How accurate is the diagnosis?		
	The dilemma of counselling about long term risks		
	Safety of GLP-I RA in adolescent obesity		
	Management of AUB in the adolescent		
4.30 – 5.15pm	Panel Discussion on Management of Adenomyosis	Moderators: Expert	Panelists:
5.15 pm	Coffee Break		
6.00 -7.30pm	Cultural Programme		
8.00pm	Dinner		

SCIENTIFIC PROGRAMME SCHEDULE
12TH DECEMBER - DAY 1
Senate Hall

Time	Sessions	Speakers/ Moderators/ Experts	Chairpersons/ Panelists
8.15am – 1.15pm	Workshop 2 "*Through the Key Hole*"	Convenors: Dr Ramesh B Dr Manjunath C S Dr Sunil Eshwar Dr Rohini MP	
10.30-10.45am	Tea Break		
10.45 -1.15pm	Workshop 2 Continued		
1.15-2.00 pm	Lunch		
2.00-2.45 pm	Plenary Session – Grand Ball Room Dr P R Desai Oration ––	Dr Sheela V Mane	Dr Kamini A Rao Dr.Jyothika Desai Dr.Mahesh Koregol
2.45 – 3.30pm	Plenary Session Inauguration at Grand Ball Room Hall		
3.30 – 4.30pm	*"Navigating the Fertility journey- Evidence based"*		
12 x 4 + 12mins	Hydrosalpinx- Diagnosis & Management		
	Fibroid Uterus and Infertility: When to operate and when not to-		
	Unexplained Infertility- Explained with Evidence		
	Mullerian Anomalies and Fertility- Best- and worst-case scenarios for successful outcomes		
4.30 – 5.15pm	Panel Discussion on Recurrent Pregnancy Loss (RPL)- Evidence Based Discussion	Moderators Expert	Panelists
5.15pm	*Coffee break*		
6.00 – 7.30pm	*Cultural programme*		
8.00pm	Dinner		

SCIENTIFIC PROGRAMME SCHEDULE
12TH DECEMBER - DAY 1
White House

8.30 – 1.15pm	Workshop 3 “Vaginal surgery made easy”	Convenors: Dr Susheela Rani B S Dr Indira C Reddy Dr Uma Devi K Dr Vijaykumar C R	
10.30 -10.45am	Tea Break		
10.45-1.15pm	Workshop 3 Continued		
1.15-2.00 pm	Lunch		





SCIENTIFIC PROGRAMME SCHEDULE
13TH DECEMBER - DAY 2
Grand Ballroom Hall

Time	Session	Speakers/ Moderators/ Experts	Chairpersons/ Panelists
7.30 – 8.30am	Prize winning Oral presentations		
8.30 -9.30am 6 x 8 + 12mins	*Short Insightful Nuggets*		
	1 Fallacies of follicular monitoring in ovulation induction		
	2 Common Lab errors in IVF and how to avoid them		
	3 Declining Fertility over the decades- alarming?		
	4 The Unique Challenges in LGBTQ+		
	5 Can the endometrial microbiome be manipulated before FET?		
	6 Is PPOS Cost Effective?		
9.30 -10.15am	Panel Discussion on "*Addons in Infertility- evidence, practice & Exploitation*"	Moderators: Expert	
10.15 -10.45am 12 x 2+6mins	*"Demystifying infertility"*		
	Fertility Management in Sero-discordant couples		
	Uterine factors and Optimization of Endometrium before Embryo Transfer		
10.45 – 11 am	Tea Break		
11.00-12.00pm 3 x15 +15 mins	*"Guru Mantra"*		
	The Vaginal Microbiome: Its Role in Reproductive and Menopausal Health		
	GLP-1 Receptor Agonists and Women's Health: What should Gynaecologists know?		
	Beat Maternal Sepsis before it overpowers		

SCIENTIFIC PROGRAMME SCHEDULE
13TH DECEMBER - DAY 2
Grand Ballroom Hall

Time	Session	Speakers/ Moderators/ Experts	Chairpersons/ Panelists
12.00 -12.45pm 12 x3 + 9mins	*"Unlocking Parenthood"*		
	Ovulation Trigger- Double edged Sword.		
	Surgical Sperm Retrieval Techniques and complications- Video Presentation		
	Immunology in Fertility – Where is the Evidence?		
12.45 – 1.30pm	Plenary Session: "Gnanavarsha Dr Mohini Prasad Oration" Topic:	Dr Mangala Devi KR	Chairpersons: Dr Mohini N Prasad Dr Mahesh Koregol Dr Indira C Reddy
1.30 -2.15pm	Lunch		
2.15 -3.00pm 30 + 15mins	*Plenary Session* *"Dr Sulochana Gunasheela Oration"* Topic:	Dr Shobha N Gudi	Chairpersons: Dr Padmini Isaac Dr Devika Gunasheela Dr Jyothi Menon
3.00 -4.00pm 4 x12 +12mins	*"Turning Stumbling Blocks into Stepping Stones"*		
	Recurrent Implantation Failure: How to overcome?		
	Too many people opting for IVF? How to reduce unnecessary IVF cycles?		
	Cost Optimization in IVF Treatment. How to make IVF affordable for all?		
	IVF Fails: What next?		
4.00 – 4.30pm 2 x 10mins 2mins each for Rebuttal 6 mins for Judges	Debate on *"Do Pre-IVF surgeries improve success rates?" or add on to the burden?*	Judges:	Participants
4.30pm	Valedictory		

SCIENTIFIC PROGRAMME SCHEDULE
13TH DECEMBER - DAY 2
Senate Hall

Time	Session	Speakers/ Moderators/ Experts	Chairpersons/ Panelists
7.30 -8.30 am	Prize winning Poster presentations		
8.30 – 9.30am 6 x 8 + 12minutes	"*In the Pipeline*"		
	1 A vaccine for Preeclampsia?		
	2 AI in risk prediction of placental disorders in pregnancy		
	3 New Biomarkers to diagnose Ectopic pregnancy		
	4 Mesenchymal stem-cell therapy for FGR		
	5 How effective is the Therapeutic HPV vaccine?		
	6 Newer drugs for prevention of Preeclampsia		
9.30–10.15 am	Panel Discussion on "*Difficult case scenarios in Infertility*"	Moderators: Expert:	
10.15 - 10.45 am 12 x 2 + 6 mins	*"Wider Horizons"*		
	Genetic Testing in Infertility-can it improve outcomes?		
	Managing Recurrent endometrioma prior to IVF - role of medical management		
10.45 – 11am	Coffee Break		
11.00-12.00pm 3 x 15 + 15 mins	*"Guru Mantra"*		
	Fertility preservation- Boon or Bane?		
	Iatrogenic causes of Infertility- How to prevent and manage?		
	OHSS- Prevention, Diagnosis & Management		

SCIENTIFIC PROGRAMME SCHEDULE
13TH DECEMBER - DAY 2
Senate Hall

Time	Session	Speakers/ Moderators/ Experts	Chairpersons/ Panelists
12.45 -1.30pm	Plenary *"Gnanavarsha Dr Mohini Prasad Oration"* - at Grand Ballroom Hall Topic:	Dr Mangala Devi KR	Chairpersons: Dr Mohini N Prasad Dr Mahesh Koregol Dr Indira C Reddy
1.30 -2.15pm	Lunch		
2.15 -3.00pm	Plenary *"Dr Sulochana Gunasheela Oration"* - at Grand Ballroom Hall	Dr Shobha N Gudi	Chairpersons: Dr Padmini Isaac Dr Devika Gunasheela Dr Jyothi Menon
3.00-4.00pm 4x12+12 mins	*"New Frontiers"*		
	Expanded applications of NIPT		
	Do we manage moderate IDA in the 2nd trimester with oral iron or IV FCM? What does evidence say?		
	Water Birth in a Nutshell		
	Diagnosis and management of Early GDM		
4.00 – 4.30pm 2 x 10mins 2mins each for Rebuttal 6 mins for Judges	Debate*: "Can we reduce Cesarean Section Rates?"*	Judges:	Debaters Yes - No
4.30pm	Valedictory		